



TREATMENT GUIDE

The *Spa*

DOMAINE DU MAS DE PIERRE - SAINT-PAUL-DE-VENCE





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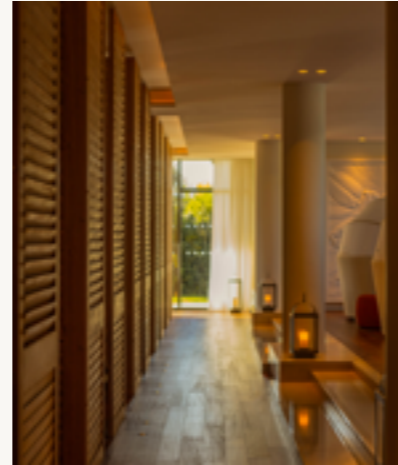
The *Spa*

A HAVEN OF SERENITY...

The Spa at Domaine du Mas de Pierre offers a chance to unwind in a simple, soothing setting, featuring soft hues and materials inspired by the Mediterranean.

Upon entering, the spa's signature scent immediately captivates: *Volupté*, a tuberose-based fragrance—sun-kissed and feminine—created by Sonia Godet in Saint-Paul-de-Vence using natural and organic ingredients. A true tribute to this flower, emblematic of the region, it embodies the soul of the spa.

Available in massage oils, scrubs, body wraps, eau de parfum, and candles, this signature scent accompanies every moment of the experience.



THE SPA



The spa features an 18-meter heated pool with jets and hydromassage benches, as well as an outdoor hot tub.

A hammam, snow cave, and saunas round out the experience for instant relaxation.

FITNESS



On the ground floor, the 130-square-meter fitness area is equipped with Technogym machines and the Kinesis system, and offers personalized coaching.

Weekly fitness classes and activities are available to guests and members.

HEALTHCARE



12 treatment rooms specially designed to maximize your complete relaxation, offering your choice of music, lighting, and oil from the very first moment for a truly personalized experience.





Wellness *getaways*

We recommend that you book your 3- or 5-day treatment program at least two weeks before your stay to confirm availability and ensure that your treatments are properly organized.

The Spa reserves the right to change the order of treatments.

An introduction to our nutricosmetics range is included in each of our treatment programs.

A healthy, balanced diet with half-board is recommended for optimal results.

The rates listed do not include accommodation or half-board.

3 DAYS

Back *Awakening*

ACHIEVING A SUSTAINABLE RECOVERY...

This retreat is designed to release tension and restore postural balance through a combination of targeted treatments, expert massages, and tailored movement sessions.

Following an initial postural assessment, a body scrub and personalized massages help to relax the muscles. Pilates, yoga, and sophrology round out the program to strengthen, realign, and provide lasting relief for the back.

DAY 1 *UNTIE & LOOSEN*

Postural and muscular assessment with an osteopath	60 min
Customized massage or LED treatment & targeted massage	30 min
Choice of body scrub	30 min
Customized massage (full back)	30 min
Free time at the Spa and facilities	—

DAY 2 *REALIGN & RE-ENGAGE*

Pilates Class (<i>private coaching</i>)	60 min
Body Wrap of Your Choice	30 min
Signature Deep Tissue Massage or Hot Stone Massage	60 min
Free time at the Spa and facilities	—

DAY 3 *GROUND & SOOTHE*

Guided yoga/stretching (<i>private coaching</i>)	60 min
Customized massage (<i>neck and/or lower back</i>)	30 min
Acupuncture or Sophrology session	60 min
Free time at the Spa and facilities	—

PRICE: €1,150

3 DAYS

Digital *detox*

FIND PEACE AGAIN...

This retreat invites you to slow down, release mental tension, and fully reconnect with yourself through a combination of treatments, movement, and meditation practices.

After an initial day focused on letting go, yoga, meditation, and sound baths gradually help soothe the body and mind, restoring calm, clarity, and inner balance.

DAY 1 *MUTE THE SOUND*

Mental Coaching Workshop (<i>mindful breathing</i>) led by a sophrologist	60 min
Signature Volupté Massage	60 min
PAOMA® "Glace" Radiance Facial	60 min
Free time at the Spa and facilities	—

DAY 2 *SOOTHE & REBALANCE*

Gentle Yoga / Yin Yoga	60 min
Customized massage or LED treatment & targeted massage	30 min
PAOMA® Instant Drainage Massage	60 min
Free time at the Spa and facilities	—

DAY 3 *RECONNECT & GROUND*

Meditation Workshop led by a Sophrologist	60 min
Abhyanga Indian Massage Experience	90 min
Sound Therapy Session: Sound Bath	60 min
Free time at the Spa and facilities	—

PRICE: €1,390

3 DAYS

Prenatal *Well-being*

(pregnant women from the 4th month onward)

PREPARE SLOWLY...

This retreat invites you to slow down and embrace the changes your body is undergoing through treatments and practices specially tailored for pregnancy.

Massages, prenatal yoga, gentle movement, and emotional support promote relaxation, balance, and a connection with your baby, helping you enjoy this time with peace of mind.

DAY 1 *TAKE IN & RELEASE*

Customized massage or LED therapy & targeted massage	30 min
Prenatal Massage	90 min
Prenatal breathing workshop & positive visualization with a sophrologist	60 min
Free time at the Spa & facilities <i>(excluding wet areas)</i>	—

DAY 2 *LIGHTEN & BALANCE*

Private workshop: gentle movement & prenatal yoga	60 min
Choice of body scrub	30 min
Foot reflexology or head massage	30 min
Osteopathic session	60 min
Free time at the Spa and facilities <i>(excluding wet areas)</i>	—

DAY 3 *CONNECT & GROUND YOURSELF*

Doula session or Emotional Support for Expectant Mothers	60 min
PAOMA® Facial Treatment: Awakening the Senses	30 min
Massage for Expectant Mothers	60 min
Gentle Sound Bath: Special for Expectant Mothers or Acupuncture Session	60 min
Temps libre au Spa & aux installations <i>(excluding wet areas)</i>	—

PRICE: €1,470

5 DAYS

Sleep Harmony

GET BACK TO A DEEP SLEEP...

This retreat is designed to soothe the body and mind, helping you regain restful sleep.

Sophrology, yoga, sound baths, massages, and personalized guidance work gently to release tension, calm the mind, and reestablish habits that promote lasting rest.

DAY 1 RELAXATION & UNWINDING

Personalized consultation with a sleep coach	60 min
Customized massage or LED treatment & targeted massage	30 min
Signature Volupté Massage	60 min
Aquazen Workshop: Breathing & cardiac coherence	45 min
Free time at the Spa & facilities	—

DAY 2 GROUNDING & CALM

Gentle Yoga / Yoga Nidra	60 min
Guided Meditation with a Sophrologist	60 min
Foot Reflexology	30 min
Immersive Sound Bath (<i>Tibetan singing bowls / gong</i>)	60 min
Free time at the Spa & facilities	—

DAY 3 REGULATION & BALANCE

Sophrology workshop to help you prepare for sleep	60 min
PAOMA® Instant Drainage Treatment	60 min
Naturopathic consultation	60 min
Guided meditative walk on the grounds	30 min
Free time at the Spa and facilities	—

DAY 4 BRING THE BODY INTO BALANCE

Sleep-friendly nutritional consultation	60 min
Customized massage	30 min
LED treatment & targeted massage (<i>head and neck</i>)	30 min
Free time at the Spa and facilities	—

DAY 5 ESTABLISH A ROUTINE

Gentle Yoga & Stretching	60 min
Abhyanga Indian Massage Experience or Hot Stone Massage	90 min
PAOMA® Face & Body Harmony Ritual	120 min
Free time at the Spa and facilities	—

PRICE: €2,460

3 DAYS

Sleep *Harmony*

GET BACK TO
A DEEP SLEEP...

This retreat is designed to soothe the body and mind, helping you regain restful sleep.

Sophrology, yoga, sound baths, massages, and personalized guidance work gently to release tension, calm the mind, and reestablish habits that promote lasting rest.

DAY 1 *RELAXATION & UNWINDING*

Customized massage or LED treatment & targeted massage	30 min
Guided meditation led by a sophrologist	30 min
Signature Volupté Massage	60 min
Free time at the Spa and facilities	—

DAY 2 *REGULATION & BALANCE*

PAOMA® Instant Drainage Treatment	60 min
Sleep Workshop with a Sophrologist	60 min
Naturopathic Consultation	60 min
Free time at the Spa & facilities	—

DAY 3 *CONNECT & GROUND YOURSELF*

Gentle yoga & stretching	60 min
Abhyanga Indian Massage Experience or Hot Stone Massage	90 min
PAOMA® Face & Body Harmony Ritual	120 min
Guided meditative walk on the grounds	30 min
Free time at the Spa and facilities	—

PRICE: €1,530

5 DAYS

Vital Rest

(anti-stress / cortisol)

EASE TENSIONS...

This retreat is designed to relieve physical and mental tension and restore lasting energy.

Sophrology, gentle yoga, massages, and lymphatic drainage treatments work deeply to soothe the body, calm the mind, and promote complete recovery.

DAY 1 TAKE IN & RELEASE

Naturopathic Consultation	60 min
Customized massage or LED treatment & targeted massage	30 min
Signature Volupté Massage	60 min
Guided meditation	30 min
Free time at the Spa and facilities	—

DAY 2 CALM THE NERVOUS SYSTEM

Sophrology Session	60 min
Hot Stone Massage	60 min
Body Scrub <i>(your choice)</i>	30 min
Body Wrap <i>(your choice)</i>	30 min
Gentle Yoga / Yin Yoga Workshop	60 min
Free time at the Spa and facilities	—

DAY 3 REGULATION & DRAINAGE

PAOMA® Instant Drainage Treatment	60 min
LED Treatment & Targeted Scalp Massage	30 min
CELLCOSMET® Drainage & Toning Treatment	90 min
Free time at the Spa and facilities	—

DAY 4 SENSORY INTEGRATION

Gentle Aquatic Workshop	45 min
Indian Abhyanga Massage Experience	90 min
CELLCOSMET® Customized Cellular Facial Treatment	60 min
Free time at the Spa and facilities	—

DAY 5 ESTABLISH A ROUTINE

Massage Deep Tissue	60 min
Rituel Voluptueux Mains ou Pieds Semi-Permanent	75 min
Atelier Stretch & Balance ou Méditation Guidée	60 min
Temps libre au Spa & aux installations	—

PRICE: €2,340

3 JOURS

Vital Rest

(anti-stress / cortisol)

EASE TENSIONS...

This retreat is designed to relieve physical and mental tension and restore lasting energy.

Sophrology, gentle yoga, massages, and lymphatic drainage treatments work deeply to soothe the body, calm the mind, and promote complete recovery.

DAY 1 TAKE IN & RELEASE

Customized massage or LED treatment & targeted massage	30 min
Signature Volupté Massage	60 min
Gentle Yoga / Yin Yoga Workshop	60 min
Guided meditation	30 min
Free time at the Spa and facilities	—

DAY 2 SOOTHE & DRAIN

Indian Massage, Abhyanga Experience, Sophrology Session	90 min
CELLCOSMET® Draining & Toning Treatment	60 min
Gentle Aquatic Workshop	90 min
Free time at the Spa and facilities	45 min
	—

DAY 3 REJUVENATE & GROUND

Stretch & Balance Workshop or Guided Meditation	60 min
Signature Deep Tissue Massage	60 min
Indulgent Semi-Permanent Hand or Foot Treatment	75 min
CELLCOSMET® Customized Cellular Facial	60 min
Free time at the spa and facilities	—

TARIF : 1 610€

5 DAYS

Silhouette Energy

RESHAPE
THE SILHOUETTE...

This program combines lymphatic drainage, targeted technologies, and personalized support to sculpt the figure and revitalize the body.

EMS, PowerShape, lymphatic drainage massages, and expert treatments work in synergy to stimulate circulation, tone the tissues, and promote long-lasting balance and vitality.

DAY 1 REVIEW & GETTING STARTED

Nutrition Consultation	60 min
Intégral EMS	30 min
Customized Massage	30 min
PAOMA® Instant Drainage Treatment	60 min
Free time at the Spa and facilities	—

DAY 2 DRAINAGE & SMOOTHING

POWERSHAPE II	45 min
Aquatic Workshop	45 min
Choice of body scrub	30 min
Seaweed wrap	30 min
CELLCOSMET® Customized Cellular Facial Treatment	60 min
Free time at the Spa and facilities	—

DAY 3 TECHNOLOGY & ACTIVATION

CELLCOSMET® Draining & Toning Treatment	90 min
Personalized coaching	60 min
LED treatment & targeted massage (<i>legs or abdomen</i>)	30 min
Free time at the Spa and facilities	—

DAY 4 TONE & SCULPT

CELLCOSMET® Expert Anti-Cellulite Treatment	90 min
Comprehensive EMS Treatment	30 min
PAOMA® Instant Drainage Treatment	60 min
Free time at the Spa and facilities	—

DAY 5 INTEGRATION & LONG-TERM STRATEGY

Pilates Coaching	60 min
Customized massage or LED treatment & targeted massage	30 min
POWERSHAPE II	45 min
Naturopathic consultation	60 min
Free time at the Spa and facilities	—

PRICE: €2,330

3 DAYS

Silhouette *Energy*

RESHAPE THE SILHOUETTE...

This program combines lymphatic drainage, targeted technologies, and personalized support to sculpt the figure and revitalize the body.

EMS, PowerShape, lymphatic drainage massages, and expert treatments work in synergy to stimulate circulation, tone the tissues, and promote long-lasting balance and vitality.

DAY 1 REVIEW & LAUNCH

Naturopathy Consultation	60 min
Intégral EMS	20 min
Customized massage or LED treatment & targeted massage	30 min
PAOMA® Instant Drainage Treatment	60 min
PAOMA® Sensory Awakening Treatment	30 min
Free time at the Spa and facilities	—

DAY 2 DRAINAGE & TECHNOLOGY

POWERSHAPE II	45 min
Choice of body scrub	30 min
Seaweed wrap	30 min
Pilates coaching	60 min
LED treatment & targeted massage (legs or abdomen)	30 min
Free time at the Spa and facilities	—

DAY 3 CONSOLIDATE & LONG-TERM STRATEGY

CELLCOSMET® Expert Anti-Cellulite Treatment	90 min
Comprehensive EMS Treatment	30 min
Aquatic Workshop	45 min
Nutrition Consultation	60 min
Free time at the Spa & facilities	—

PRICE: €1,540



À la carte
treatments

Facial *treatments*

PAOMA[©]

PAOMA
PARIS

THE ECO-ETHICAL BEAUTY ROUTINE



As France's leading eco-ethical and organic skincare brand, PAOMA[©] combines expert manual techniques with natural formulas of proven effectiveness.

Its holistic facial rituals, created by facialist Sylvie Lefranc, combine deep cleansing, drainage, Gua Sha, and facial yoga to deeply hydrate, plump, and smooth the skin.

SENSORY AWAKENING

A customizable, two-step holistic treatment: skin preparation followed by a targeted massage (*eyes, lips, forehead, facial contours, or décolletage*) to enhance the chosen area.

30 MIN - €100

THE BEAUTY REVEALER

WITH A FREE PERFECT BALM REFILL OR A FREE SKIN RENEWAL MASK

The combination of expert techniques and PAOMA[©] skincare treatments offers a moment of pure well-being while visibly transforming the skin: a more defined facial contour, enhanced cheekbones, and a refined skin texture.

60 MIN - €200



RADIANCE

THE ARCTIC GLOW

WITH COMPLIMENTARY CLEANSING FOAM

Ce soin innovant réduit visiblement les signes de l'âge, défatigue le regard et améliore l'élasticité de la peau grâce à la stimulation par le froid. Le teint est uniforme, frais et lumineux.

60 MIN - €210

ANTI-AGING

HYALURESSENCE

WITH COMPLIMENTARY LIP BALM

An alternative to cosmetic medicine that targets the visible signs of aging on the face, neck, and décolletage to smooth wrinkles, redefine contours, and restore the skin's elasticity.

75 MIN - €230

In line with our commitment to environmental sustainability and our Écolabel and Clef Verte certifications, our facial treatments are performed using standard cotton pads. However, upon request, we can provide you with washable, reusable cotton pads.

Facial *treatments* CELLCOSMET®

cellcosmet
SWITZERLAND

YOUR SKIN, ENHANCED BY SCIENCE

With 40 years of expertise in cellular cosmetics, CELLCOSMET® develops face and body care products enriched with high-performance active ingredients, including CytoPep™, which contains over 5,000 proteins and peptides.

The SwissCellSpa concept offers customizable treatments that combine Swiss cosmetic technology with deep relaxation to revitalize, firm, and reveal the skin's natural radiance.



BESPOKE CELLULAR TREATMENT

A personalized facial treatment tailored to your skin's needs. A combination of targeted active ingredients—floral waters, vitamins, and edelweiss extract—to soothe, smooth, and reveal a radiant complexion.

Results: *intensely hydrated skin, reduced redness, and a purified, revitalized complexion.*

60 MIN - 180€

TREATMENT WITHOUT COMPLIMENTARY PRODUCT

60 MIN - 270€

INCLUDING A 90 ML ACTIVE TONIC AND A 15 ML CELLULAR CREAM WORTH €122, COMPLIMENTARY



LIFTING

HYDRATING TREATMENT FIRMING

A firming treatment that restores the skin's plumpness and elasticity through a personalized approach. A serum rich in elastin and collagen, combined with a Kobido-inspired massage, to redefine facial contours and restore radiance.

Results: *skin appears plumper; fine lines and wrinkles are reduced.*

90 MIN - €270

ANTI-AGING

COLLAGEN TREATMENT SMOOTHING EXPERT

A radiance-boosting and firming treatment with a powerful lifting effect, ideal for mature skin. The combination of a collagen mask and a serum with peptides and hyaluronic acid plumps, smooths, and redefines the facial contours.

Results: *The facial contours are visibly redefined; the skin is plumped, smoothed, and firmed.*

90 MIN - €360

The *massages*



SIGNATURE VOLUPTÉ MASSAGE

A soothing massage inspired by Lomi Lomi and Swedish techniques, featuring slow movements and moderate pressure, which gently releases tension and relaxes the body from head to toe, while you are enveloped in our signature scent.

60 MIN - €190 90 MIN - €250

SIGNATURE DEEP TISSUE MASSAGE

*CREATED BY OUR OSTEOPATH
STÉPHANE MARTIN-ROSSET*

A deep, targeted massage that releases muscle tension, relieves knots, and revitalizes the body using slow, firm techniques.

60 MIN - €210 90 MIN - €270

THE DRAINAGE MOMENT PAOMA®

PAOMA® has partnered with Jimmy Jarnet, Wellness Designer and World Massage Champion, to create unique and innovative treatments that encourage you to let go.

Combining manual techniques with quartz Gua Sha, this ritual stimulates lymphatic circulation, detoxifies the body, and releases tension to rebalance energy and sculpt the silhouette

60 MIN - €170





HOT STONE MASSAGE

A deeply relaxing massage that alternates between heated volcanic stones and manual techniques, diffusing soothing warmth over targeted areas to release tension and promote lasting relaxation.

60 MIN - €170 90 MIN - €230

THE ABHYANGA EXPERIENCE

Inspired by the Indian way of life, this Ayurvedic massage rebalances energy according to the chakras through friction, pressure, and stretching, harmonizing body and mind to restore overall well-being.

90 MIN - €220

MUM-TO-BE MASSAGE

A gentle massage, without essential oils, featuring slow, enveloping strokes, tailored to your needs to relieve tension and restore a pleasant sense of lightness.

60 MIN - €170 90 MIN - €230

BESPOKE MASSAGE

Choose the area you'd like to focus on—the neck, trapezius muscles, back, or legs—and enjoy a personalized massage tailored to your needs. You can also opt for a scalp massage or foot reflexology.

30 MIN - 100€

LED BREAK & TARGETED MASSAGE

A rejuvenating break combining LED light therapy with a relaxing scalp, hand, or foot massage. The light stimulates cell regeneration, while the massage provides deep relaxation and immediate stress relief. *Ideal as a complement to a facial treatment or to extend your moment of well-being.*

LED LIGHT THERAPY & TARGETED MASSAGE
30 MIN - €100

IN ADDITION TO A BODY TREATMENT
€40

TO ADD TO YOUR FACIAL ROUTINE*
15 MIN - €30

**Please be sure to book this service at the same time as your facial, as it requires additional time.*



Body *treatments*

BALNEOTHERAPY WITH ESSENTIAL OILS

Choose from four different treatments: relaxing, revitalizing, detoxifying, and Signature Volupté.

30 MIN - €70

SCRUB

Choose from: Signature Volupté Scrub, Refreshing Lemon Peel and Salt Scrub, Green Scrub with Marine Extracts, or PAOMA® Gentle Scrub.

30 MIN - €70

BODY WRAP

Choose from four textures: rassoul, a hydrating and nourishing cocoon mask, an energizing mandarin gel, and a complex of brown and red seaweed and green clay for a slimming effect.

30 MIN - €70

VELVETY SKIN

A signature body treatment combining an apricot kernel scrub with a nourishing massage using evening primrose, borage, and argan oils to smooth the skin and envelop it in a silky, fragrant veil.

60 MIN - €190



Body care

CELLCOSMET®

cellcosmet
SWITZERLAND

Treat your body to the same exceptional care you give your face. Expert techniques and formulas rich in active ingredients, incorporating cold-pressed raw oils that preserve all their beneficial properties.

EXPERT TREATMENT ANTI-CELLULITE

An intensive treatment that targets the visible signs of cellulite to smooth, tone, and firm the skin. Combined with highly concentrated products and a massage technique inspired by madero therapy, it stimulates the tissues and helps visibly reshape the silhouette.

90 MIN - €210

DRAINING & TONING TREATMENT

A fast-acting drainage massage that relieves water retention and the sensation of heavy legs. Combined with a duo of toning serum and oil and a Brazilian drainage technique, it stimulates blood and lymphatic circulation for overall well-being.

90 MIN - €210



The *rituals*

VOLUPTUOUS SIGNATURE RITUAL

A unique experience combining a 30-minute body scrub, a 30-minute body wrap, and the 30- or 60-minute Signature Volupté massage. The journey begins with skin preparation using an exfoliating treatment, followed by a wrap made with beeswax and Manuka honey to deeply nourish the skin. Finally, the Signature massage will provide comfort and deep relaxation, lulled by the scent of tuberose.

90 MIN - €230 120 MIN - €320

PAOMA® FACE AND BODY HARMONY TREATMENT

A PAOMA® Signature Ritual combining a facial treatment and a body ritual for deep relaxation of both body and mind. The skin is smoothed and plumped, tension is released, and energy flows freely, promoting overall balance. A body scrub completes the experience in the 150-minute version.

120 MIN - €350 150 MIN - €420



ROMANCE & VOLUPTUOUS RITUAL COUPLE TREATMENT

An exceptional couples' ritual combining a relaxing 30-minute session in the private jacuzzi and steam room, a 30-minute body scrub or a 30-minute body wrap using our signature products, followed by a 60-minute Volupté massage for two. A glass of champagne per person is included in the ritual.

120 MIN - €640/DUO

PRIVATE VIP DOUBLE CABIN JACUZZI, TERRACE & PRIVATE HAMMAM

Extend your experience in our exclusive spaces and discover our luxurious Duo Suite. Whether you're with your partner, friends, or enjoying some mother-daughter time, share a moment of pure relaxation.

DUO SUITE ACCESS 30 MIN
€90/DUO*

DUO SUITE ACCESS 60 MIN
€170/DUO*

DUO GLASS OF CHAMPAGNE
€25/GLASS

PLATE OF FRESH FRUIT
€40

** Enjoy the hammam, jacuzzi, and private terrace without any treatments included. All our treatments are available in the Duo Suite at no extra charge.*

Children & teens *treatments*

The Spa welcomes children and teenagers for relaxing experiences tailored to their age group. For ages 6–12, we offer introductory treatments by Nougatine Paris featuring gentle textures and delicious scents. For teenagers, we provide targeted treatments designed to support their skin's changing needs.

All teenagers under the age of 18 must be accompanied by a parent.

CHILDREN - AGES 6 TO 12

MY INDULGENT FACIAL TREATMENT

An indulgent facial treatment featuring cotton candy cleansing, a nourishing chocolate-hazelnut mask, and a vanilla-strawberry massage. The ritual concludes with a caramel lip balm treatment.

30 MIN - €80

A REST FOR PRINCES AND PRINCESSES

A gentle massage of the scalp, neck, and shoulders using the Rêve d'ange massage balm with a honey-vanilla scent.

30 MIN CHILD ALONE - €80
30 MIN CHILD/PARENT - €150

LITTLE FAIRY HANDS / LITTLE FEET

Manicure, relaxing hand or foot massage, and application of "green" nail polish from the La Petite Manucurist line.

(Nail polish included in the service)

20 MIN - €35

SWIMMING LESSONS 6 MONTHS AND OLDER

30 MIN - €60
60 MIN - €100

TEENS - AGES 13 TO 18

RELAXING BACK & LEG MASSAGE

An organic relaxing oil to nourish your skin, combined with smoothing techniques applied to the back and legs.

45 MIN - €95

PURITY TREATMENT

A sweet-and-salty back scrub followed by a massage of the back, neck, and trapezius muscles to relax the entire upper body.

45 MIN - €95



CLEAN FACIAL TREATMENT

Facial cleansing followed by blackhead extraction, if necessary, and a purifying and absorbent mask.

30 MIN - €70

HAND OR FOOT MANICURE WITH CLASSIC POLISH APPLICATION

Nail shaping, cuticle care, hand moisturizing, and classic nail polish application.

60 MIN - €85

Children of guests at the Domaine du Mas de Pierre are welcome from 2:00 PM to 5:00 PM starting at age 4, provided they are accompanied by a responsible adult at all times, including during their treatments. The spa's aquatic areas are not accessible to minors from June 15 to September 15.

Beauty *treatments*

MANUCURIST® GREEN

A French brand of “green,” vegan, and cruelty-free* nail polish, formulated with up to 84% naturally derived ingredients to combine performance with care for both nails and the environment. The Petite Manucurist® line, designed for children, can be easily removed with soapy water.

CLASSIC NAIL POLISH APPLICATION

Choisissez votre couleur parmi Manucurist® Green ou O.P.I.®.

15 MIN - €30

MANICURE/PEDICURE FOR HIM

A manicure includes filing, buffing, and applying a base coat. A pedicure includes exfoliation, nail care, and a nourishing massage.

45 MIN
€60 MANICURE
€70 PEDICURE

OPI®

A global leader in professional nail care, O.P.I.® stands out for its innovation and wide range of colors, from timeless shades to the trendiest hues.

**Free of nine controversial ingredients, not tested on animals, and TPO-free.*

SEMI-PERMANENT NAIL POLISH APPLICATION

Choisissez votre couleur parmi la gamme Gel Color O.P.I.®.

20 MIN - €45

INDULGENT HAND OR FOOT TREATMENT *WITH NAIL POLISH APPLICATION*

HANDS

Un soin complet incluant gommage, mise en forme des ongles, travail des cuticules, modelage nourrissant et pose de vernis classique ou semi-permanent de la marque de votre choix.

FEET

Un soin relaxant comprenant gommage, mise en forme des ongles, travail des cuticules, modelage de la voûte plantaire et pose de vernis classique ou semi-permanent.

75 MIN

€110 CLASSIC NAILPOLISH *(€125 including classic nail polish)*

€120 SEMI-PERMANENT NAIL POLISH *(€135 including classic nail polish)*

MANICURE OR PEDICURE *WITH NAIL POLISH APPLICATION*

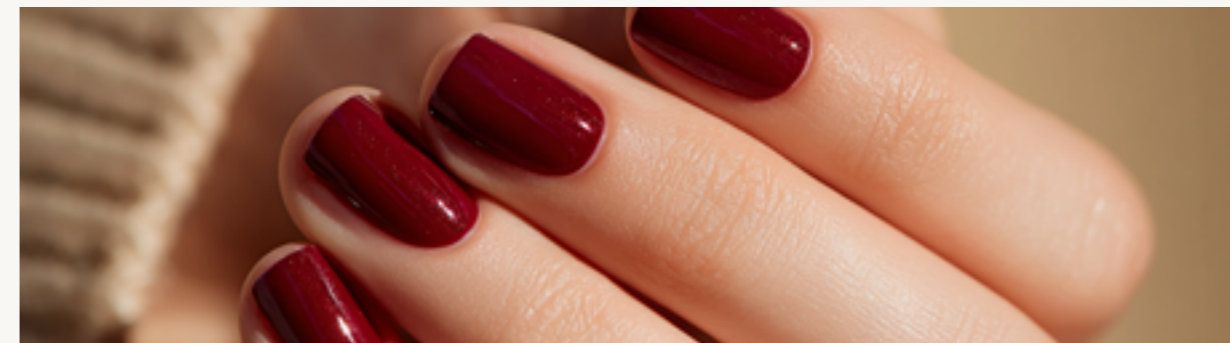
Nail shaping, cuticle care, hand or foot moisturizing, and application of classic or semi-permanent nail polish of your choice.

60 MIN

€85 FOR CLASSIC NAIL POLISH *(€100 including classic nail polish)*

€95 SEMI-PERMANENT NAIL POLISH *(€110 including classic nail polish)*

** There is a €20 surcharge for removing semi-permanent makeup.*



Beauty *treatments*

MAKEUP

DAYTIME MAKEUP

25 MIN - €50

EVENING MAKEUP

SOPHISTICATED, EVENING, EVENT

60 MIN - €90

DISCOVER THE PERFECT COMPLEXION *BY JANE IREDALE*

Skin analysis, makeup application using products suited to your skin type, and a presentation of your skincare essentials.

45 MIN - €80

THIS SERVICE IS COMPLIMENTARY
WITH A €150 PURCHASE OF MAKEUP



HAIR REMOVAL

BODY (1 AREA)

*LOWER LEGS, THIGHS,
BACK, CHEST* €40
UNDERARMS, UPPER ARMS €30

FACE (1 AREA)

EYEBROWS, LIPS, NOSE €20

BIKINI

BIKINI LINE €40
BRAZILIAN €50
HOLLYWOOD €60

Targeted treatments



AQUAPURE

An innovative facial that combines deep cleansing, hydration and skin stimulation to reveal the skin's natural radiance.

Through a synergy of gentle yet effective technologies, AQUAPURE® purifies, exfoliates and nourishes the epidermis while stimulating collagen and elastin. Cryotherapy tightens pores and enhances the complexion.

Results: Clear, luminous and revitalised skin from the very first session. Suitable for all skin types for an effective moment of well-being.

SESSION 45 MIN - €150

PACK OF 10 SESSIONS - €1,350

POWERSHAPE II

PowerShape 2 is an innovative treatment that sculpts and redefines the figure while firming the skin.

Through the synergy of three technologies — mechanical massage, radiofrequency and low-intensity laser — it works deep down to smooth, tone and reshape body contours while targeting cellulite for a more refined silhouette.

For optimal results, a course of at least 3 sessions is recommended.

SESSION 45 MIN - €150

PACK OF 10 SESSIONS - €1,350

EXTERNAL SERVICE PROVIDERS

OSTÉOPATHY

A manual therapy session designed to release tension and joint restrictions for a more supple and balanced body. This gentle approach promotes mobility and overall physical balance.

60 MIN - €150

NATUROPATHY

A personalised coaching session aimed at preserving or restoring your vitality. This natural approach combines nutritional rebalancing, herbal medicine and wellness guidance to support energy and overall balance.

60 MIN - €150



SOPHROLOGY

A guided relaxation session designed to harmonise body and mind. Through breathing techniques and visualisation, it helps reduce stress, release tension and restore overall balance.

60 MIN - €150

NUTRITION & DIETETICS

A personalised session with our dietitian to assess your needs and receive tailored nutritional advice. She guides you towards lasting balance, supporting vitality, health and everyday well-being.

60 MIN - €150



Physical
activities

Physical activities

WORKSHOPS & PRIVATE COACHING

Our 130 m² fitness space, fully equipped with Technogym, offers individual or group sessions. Two private coaching rooms and multifunction Kinesis equipment allow for personalised support tailored to your goals.

Each week, a varied aquatic activity schedule – toning the body, boosting cardio and promoting drainage while protecting the joints – is available on request:

- *Aquabiking*
- *Aquaboxing*
- *Aquatraining*
- *Aquazen*
- *Aquafitness*

WORKSHOPS

GROUP CLASSES / WORKSHOPS 45 MIN

<i>SOLO</i>	€30
<i>DUO</i>	€50

Complimentary for hotel guests

Please contact the Spa reception to book your group class.



PERSONAL COACHING

30 MIN

<i>SOLO</i>	€60
<i>DUO</i>	€100

60 MIN

<i>SOLO</i>	€100
<i>DUO</i>	€170

90 MIN

<i>SOLO</i>	€150
<i>DUO</i>	€220

PERSONAL COACHING PACKAGES

60 MIN

5 SESSIONS

<i>SOLO</i>	€400
<i>DUO</i>	€800

10 SESSIONS

<i>SOLO</i>	€900
<i>DUO</i>	€1,530



SWIMMING LESSON

30 MIN

<i>SOLO</i>	€60
<i>DUO</i>	€100

60 MIN

<i>SOLO</i>	€100
<i>DUO</i>	€170

INTEGRAL EMS PERSONALISED ELECTROSTIMULATION

Discover next-generation muscle toning with Integral EMS – a 20-minute session equivalent to several hours of exercise.

Through electrical stimulation, muscles are activated deep down to tone, sculpt and firm the body, with no impact on the joints.

30 MIN - €70



*Spa access
& discovery days*

Spa *access*

Extend the experience with our exclusive Spa & Fitness memberships, unlimited access, or our treatment packages designed for long-term commitment.

For more information, our membership brochure is available on our website or directly at the Spa reception.

SPA DAY ACCESS

€150 / PERSON

SPA ACCESS
WITH A TREATMENT OF AT LEAST
60 MINUTES

€50 / PERSON

SPA ACCESS
WITH A TREATMENT OF AT LEAST
90 MINUTES

2 HOURS OF COMPLIMENTARY SPA
ACCESS



Discovery *days*

The day includes a half-day Spa access from 9:30am to 1pm or 2pm to 6pm (pool, jacuzzi, hammam, saunas, snow cave, relaxation lounges and tea room) as well as a healthy and indulgent lunch at Bistrot Dolce Provenza with seasonal water, coffee and herbal teas (*except for the Morning & Spa Day, which includes breakfast*).

RELAXATION & GOURMET DAY

Treat yourself to a wellness break with a Signature treatment of 60 or 90 minutes.

60 MIN TREATMENT - €270
90 MIN TREATMENT - €340

HONEYMOON DAY

Begin with 30 minutes of relaxation in the private Duo Suite (*hammam and jacuzzi*), followed by a 60-minute massage of your choice. A glass of champagne per person is included in your day.

€620/DUO

DETOX PAOMA® DAY

Choose between a 60-minute draining massage or a 120-minute Harmonie ritual combining massage and facial treatment.

60 MIN DE SOIN - €270
120 MIN DE SOIN - €410

MUM-TO-BE DAY

A PAOMA® facial treatment, for deep relaxation and a moment entirely for you.

60 MIN TREATMENT - €270
90 MIN TREATMENT - €340

MORNING & SPA DAY

Enjoy a moment of relaxation with a 60-minute Signature treatment.

60 MIN TREATMENT - €245



Practical
informations

OPENING HOURS

The Spa welcomes you year-round for your treatments from 9:30am to 7:30pm.

The wellness facilities (*heated indoor pool, jacuzzi, saunas, hammam, Snow Cave*) are accessible:

- *de 9h à 20h pour les clients de l'hôtel,*
- *de 9h30 à 13h et de 14h à 18h pour notre clientèle extérieure, selon la formule réservée.*

The fitness room is open:

- *from 6am to 10pm for hotel guests,*
- *from 9:30am to 6pm for external guests.*

FACILITY ACCESS

Access to the wellness facilities is included and complimentary for hotel guests, with no prior reservation required.

During peak periods, access may be temporarily regulated to preserve comfort and the quality of the experience. Children aged 4 to 18, accompanied by an adult, may access the pool and jacuzzi only, from 2pm to 5pm, outside the period from 15 June to 15 September.

The wet areas (*saunas, hammam, Snow Cave*) are strictly reserved for guests aged 18 and over.

For external guests:

- *facility access is available as an add-on, depending on the duration of the treatment booked,*
- *facilities are not accessible to guests under 18,*
- *children's treatments are available from age 6.*

Our Spa Discovery Days and memberships provide full access to the facilities, subject to the conditions defined at the time of booking.

ATTIRE, COMFORT & SERENITY

A bathrobe, flip-flops and a towel will be provided upon your arrival.

Swimwear is mandatory in all wet areas.

To preserve the tranquillity of the space, we kindly ask you to maintain a calm and discreet tone and to use your phone on silent mode.

For your safety, we recommend removing jewellery and valuables before your visit. Lockers are available in the changing rooms to store your belongings. The Spa accepts no liability for any loss or items left behind.

OUR ECO-RESPONSIBLE COMMITMENT

As part of our commitment to sustainable well-being and respect for our environment, the Spa is dedicated to reducing its ecological impact on a daily basis.

We invite you to join us in this responsible approach by adopting a few simple gestures:

- *one towel per person provided,*
- *mindful use of water and showers,*
- *please avoid leaving the water running unnecessarily.*

These efforts help preserve natural resources while maintaining the quality and comfort of your experience at the Spa.

BOOKING & PUNCTUALITY

We kindly ask you to arrive 20 minutes before your appointment to fully enjoy the welcome ritual and allow us to prepare your treatment calmly.

Your booked time corresponds to the start time of your treatment.

Any delay will result in an equivalent reduction in treatment duration, with no change to the price.

All our treatments are wellness treatments — they are non-therapeutic and non-medical. Some treatments can be performed as a duo, upon request.

CANCELLATION

Any cancellation or modification must be made at least 24 hours before the appointment. Beyond this deadline or in the event of a no-show, the full treatment amount will be charged or deducted from the gift voucher or membership used.

SPECIAL CONDITIONS & HEALTH

Please inform us at the time of booking of any special condition: pregnancy, allergies, medical condition, ongoing medical treatment, etc. Certain situations (*in particular heavy treatments or specific medical conditions*) may require the presentation of a medical certificate authorising the treatment.

GIFT VOUCHERS & BOUTIQUE

Our gift vouchers, which can be personalised, are valid for one year from the date of purchase. Extend the Spa experience at home through our boutique, offering bath products, accessories and lifestyle items.

ACCESS & CONTACT - EXTERNAL GUESTS

A dedicated Spa car park is available outside the hotel.

Upon arrival at the Domaine, please follow the path to the left of the white main gate, then turn left to reach the Spa car park.

HOUSE RULES



SPA RECEPTION

+33 (0)4 93 59 00 37
SPA@LEMASDEPIERRE.COM

HOTEL RECEPTION

+33 (0)4 93 59 00 10
INFO@LEMASDEPIERRE.COM





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WWW.LEMASDEPIERRE.COM

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